

The definition of team building is the Rock & Ice Team Challenge!

Each team would follow their own path around Latimer Square, which would lead them to a challenge. These challenges are primarily problem solving based, and are not too physically demanding, but will challenge participants to 'think outside the square' and work within their teams to solve the puzzles. These activities all focus on the key elements of team work, including:

- **Communication**
- **Trust**
- **Negotiation**
- **Role definition**
- **FUN!**

All of these work well to encourage problem solving and conflict resolution.

Challenges to be decided but may include:

- **The Bridge Build:** The team is given some carefully measured planks and their task is for all team members to cross a ditch or stream. Not as easy as it first looks, this challenge will encourage problem solving, team discussions and conflict resolution as they use the rules of physics to get the team across.
- **River Crossing:** Using special "pontoons" the team must cross a wild (mild!) river without getting wet! In true Territorial Army style, the trick here is to work together. A physical activity which requires some thought.
- **Satellite Discs:** Teams must create a plan to solve the satellite disc puzzle. Discs need to be transported from one pole to another by team members, whilst following strict rules. A great game as teams test their creativity and strategic planning skills plus race against the clock.
- **Pooper Scooper:** the group must use an 'L' shaped piece of tubing to pick up a selection of tennis balls, golf balls, and table tennis balls, and then transport them to and drop them in a bucket. This event can be much harder than it sounds, as teamwork is the key.
- **The Maze -** One by one, the team members pass through the 'maze' consisting of a checkered floor plan. There is a way through this maze, but there's no talking. Team members learn that 'verbal' is not the only form of productive communication – as long as they trust the communicator!



LOCATION	SEASON	DURATION	Min/Max
Any	All year	Varies	Varies